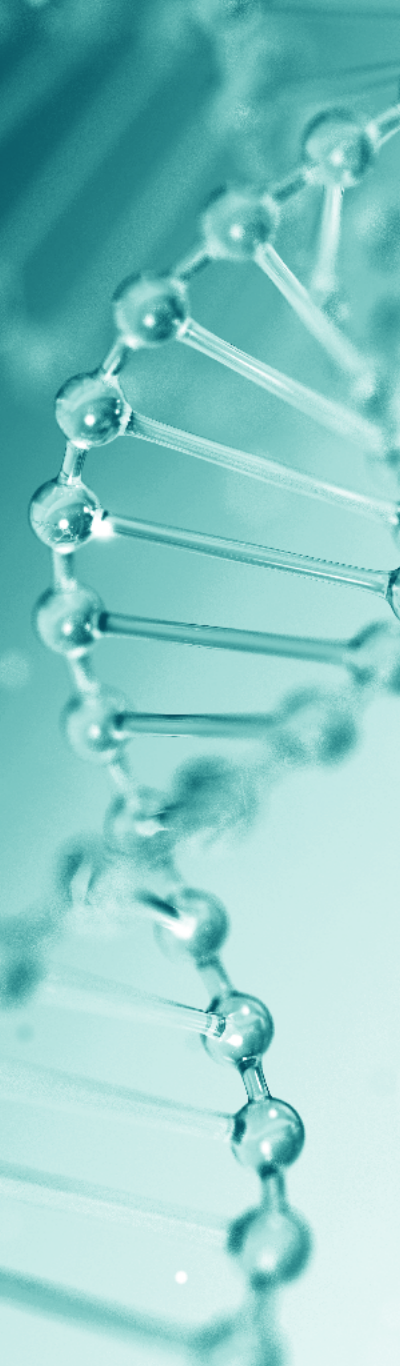




SLG⁺CLINIC

INITIAL

Your first step into
preventive health and
longevity medicine.

«SLG-CLINIC · INITIAL» is a physician-led preventive health and longevity evaluation designed to provide a comprehensive overview of your current condition and establish your personal baseline.

It provides the essential foundations to better understand your individual profile, identify areas requiring attention and define a personalised prevention strategy for the years ahead.

“Understand where you are today.
Define where to go next.”

WHAT INITIAL INCLUDES

01

COMPREHENSIVE HEALTH CHECK

Your journey begins with a review of your personal and family medical history, lifestyle and health objectives, completed before your visit through our online health questionnaire.

At SLG-Clinic, your physician conducts a clinical examination, including heart and lung auscultation, complemented by a combination of physiological and functional assessments providing objective insights into your current condition. These include essential clinical and functional measurements, body composition analysis, cardiovascular assessment, VO₂ max, spirometry, and additional investigations as appropriate.

02

MEDICAL CONSULTATION

A dedicated consultation with your physician specialised in preventive and longevity medicine.

Your medical history, lifestyle, measurements and test results are reviewed together to build a comprehensive and integrated understanding of your current health, individual risk profile and areas requiring particular attention.

Your physician takes the time to explain and discuss the findings with you, placing them in the context of your individual profile and objectives. Personalised recommendations are then defined together, providing clear priorities and a considered direction for your future prevention strategy.

03

YOUR PERSONALIZED HEALTH REPORT

Following your consultation, you receive a personalized medical report bringing together your results, key findings and physician's recommendations.

Your report establishes your personal health baseline and provides clear, evidence-based recommendations for prevention, lifestyle and appropriate medical follow-up.

CHF 390.—

Your Initial includes a comprehensive health check, medical consultation and personalized health report.

PERSONALIZE YOUR INITIAL

Go further by complementing your Initial with advanced blood biomarkers and epigenetic testing.

These additional insights provide a deeper understanding of your metabolic and cardiovascular profile, biological age, and the influence of lifestyle and environmental factors on your biology. Your physician interprets these results alongside your medical history, clinical measurements and individual risk profile, providing a more comprehensive and personalised perspective.

The findings are personally explained and discussed with you, together with tailored recommendations to help define your priorities and guide your future prevention strategy.

BLOOD ANALYSIS

ESSENTIAL BLOOD PROFILE

A focused selection of essential biomarkers providing insight into your general health and key metabolic and cardiovascular risk factors.

A solid foundation for preventive health.

CHF 190.—

ADVANCED BLOOD PROFILE

A more comprehensive laboratory analysis providing deeper insight into your metabolic, cardiovascular, inflammatory, nutritional and hormonal health.

For a broader understanding of the biological factors influencing your health.

CHF 390.—

COMPLETE BLOOD PROFILE

Our most extensive blood analysis, bringing together a comprehensive selection of advanced biomarkers to explore the key biological systems associated with health, prevention and healthy aging.

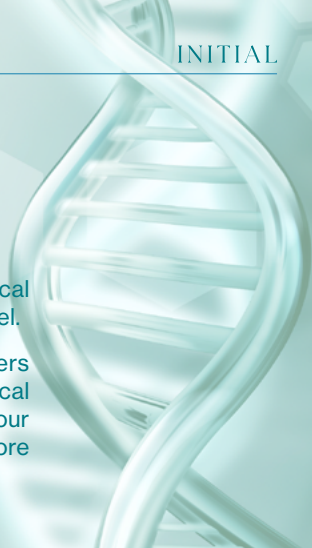
For patients seeking the most comprehensive biological overview as part of their Initial.

CHF 590.—

HOW OLD ARE YOU BIOLOGICALLY?

Chronological age tells us how many years we have lived. Biological age offers insight into how your body is aging at a molecular level.

The GenKnowMe epigenetic test analyzes biological markers associated with aging, providing an estimation of your biological age and insights into lifestyle-related factors. Integrated into your Initial, these results enrich your medical profile and support a more personalized approach to prevention and longevity.



BIOLOGICAL AGE & LIFESTYLE PROFILE

An advanced epigenetic analysis providing insight into your biological age and how key lifestyle factors may influence the way your body is ageing.

It explores the impact of factors such as nutrition, physical activity, smoking and alcohol on your epigenetic profile.

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Understand your biological ageing and the lifestyle factors that may influence it.

CHF 890.—

EPIGENETIC STRESS PROFILE

An advanced epigenetic analysis providing insight into your chronic stress load and its long-term biological impact.

It explores how prolonged stress may affect key biological systems, including cardiovascular, metabolic, immune and neuroendocrine function.

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Understand how chronic stress may be affecting your body over time.

CHF 890.—

COMPLETE EPIGENETIC PROFILE

Our most comprehensive epigenetic analysis, combining Biological Age & Lifestyle with the Epigenetic Stress Profile.

It brings together insights into biological ageing, lifestyle influences and chronic stress, providing a broader understanding of how these factors may be reflected in your biology.

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For a more complete understanding of your epigenetic profile and the factors influencing healthy ageing.

CHF 1'390.—

SLG&CLINIC

COMPREHENSIVE MEDICAL CARE. WITH PREVENTION AT ITS CORE.

SLG-Clinic is a medical centre dedicated to general internal medicine, specialised care, prevention and long-term health, bringing together experienced physicians and specialist expertise in the heart of Geneva. Our approach is first and foremost rooted in medicine and patient care, while extending beyond the treatment of illness. We believe that medicine should also help anticipate, identify and address potential risks before they become significant, while providing trusted medical care whenever it is needed.

Each patient is considered individually, taking into account medical and family history, lifestyle, personal risk factors and objectives.

From everyday medical care and regular health checks to advanced preventive evaluations, our physicians provide continuity, coordination and a comprehensive understanding of your health over time. When further expertise is required, SLG-Clinic provides access to a network of leading specialists and coordinates investigations and care across medical disciplines.



ONE MEDICAL TEAM. ONE COMPREHENSIVE VIEW.

“Your future health isn’t only about chance.
It’s shaped by the choices you make today.”

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SLG&CLINIC

SWISS
MEDICAL
GATE Patient first

swiss
longevity
gate

genknowme

